

People

Board Directors

- ★ Pam Stirling (Chair)
- ★ Professor Brendan Stone
- ★ Andrew Wood
- ★ Andrew Hudson
- ★ Julie Edwards
- ★ Jane Ferratti
- ★ Nick Bax

Board Associates

- ★ Ben Dorey
- ★ John Rigby
- ★ Shirin Teifouri



MORE INFO: <https://sheffieldflourish.co.uk/our-team/steering-group-board/>

Facilitators

We have a team of dedicated paid and volunteer facilitators who carry out many different roles across the Sheffield Flourish network including:

- ★ Roz Davies, Managing Director
- ★ Terry Scully, Finance and Governance Manager
- ★ Jo Eckersley, Digital Manager
- ★ Lisa Thompson-Cox, Volunteer Co-ordinator
- ★ Roger Thorns, Information Co-ordinator
- ★ Nila Wills, Information Co-ordinator
- ★ Leah Pritchard, Administrator
- ★ Tim Blundell-Jones, Oasis Lead
- ★ Fran Humphries, Oasis Lead
- ★ Chrissie Hinde, CAST Lead
- ★ Neil Simpson, CAST Lead
- ★ Sam Dawson, Brunsmeor Awareness FC Lead
- ★ Shirin Telfouri, Rotherham Flourish Lead
- ★ Liz Fletcher, ADHD/Digi-Group Lead
- ★ Tammy Raines, Compassion Convoy
- ★ Kate Quail/Lee Alexander, Education Exchange



MORE INFO: <https://sheffieldflourish.co.uk/our-team/our-facilitators/>

Volunteers

‘Because of the way my mental health fluctuates I find myself with not enough in my life during more stable times but overwhelmed when unwell. I am trying to find things that I can sustain when unwell and that are stimulating enough when I'm better. Volunteering with Flourish has become one of these hard to find activities.’

There is an amazing, diverse group of talented and committed volunteers who lead, deliver and get involved in activities across the Sheffield Flourish community. Roles include board directors, gardeners, artists, digital ambassadors, creative content producers, editing panelists, student interns, expert advisors, fundraisers and steering group members.

Between April 2016 to August 2017 there were **57 volunteers** involved in Sheffield Flourish activities, contributing more than **5,000 hours**.

MORE INFO: <https://sheffieldflourish.co.uk/aboutus/the-sheffield-flourish-team/sheffield-flourish-volunteers/>

